

Jobs that teens **CANNOT** do

14 and 15 year-olds CANNOT:

- Operate, set up, adjust, clean, oil, or repair power-driven food slicers, grinders, choppers, cutters, or bakery mixers.
- Cook (except at soda fountains, lunch counters, snack bars, and cafeteria serving counters). 14 and 15 year-olds can assemble and serve food.
- Load or unload trucks or conveyors.
- Process meat.
- Work in freezers or meat coolers.
- Do work while elevated above floor level. No standing on a window sill, ladder, scaffold, or similar equipment.
- Operate motor vehicles.

16 and 17 year-olds CANNOT:

- Drive a motor vehicle or be an outside helper on a motor vehicle.
- Operate power-driven meat slicers.
- Operate bakery machines.
- Work in meat packing or processing.

For more information about age or hour restrictions for teenagers, call the Labor Standards Section.
501-682-4534

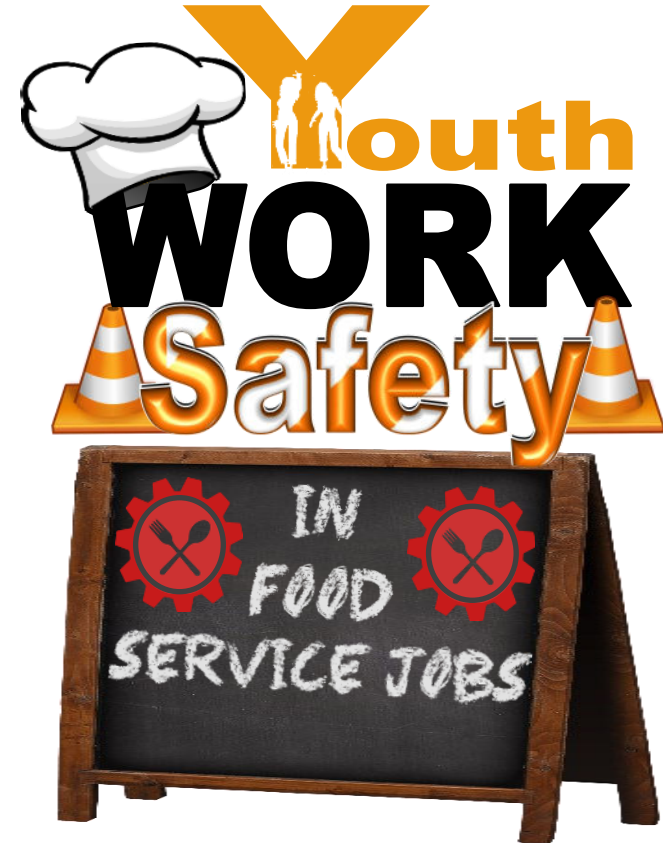


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Here are some things YOU can do to keep from getting hurt at work:

Know and follow all the safety rules and work procedures - they're there because someone has already been hurt doing that.
Use all work equipment and safety equipment correctly - ask your supervisor if you have any questions about doing it right.

Look out for your co-workers - so they won't get hurt either.

Know what to do in emergency situations.

Tell your supervisor if you see something that is unsafe.

Don't do any jobs you haven't been trained to perform.

HAZARD

HOW TO BE SAFE

<p>Falls</p>	<ul style="list-style-type: none"> ◆ Always watch where you are going. ◆ Stand on slip-resistant floor mats. ◆ Keep doors and drawers closed. ◆ Keep aisles and doorways clear. ◆ Don't run or jump onto or off of elevated areas. ◆ Keep floors as dry and clean as possible. Wear shoes with good grip.
<p>Cuts and More</p>	<ul style="list-style-type: none"> ◆ Pay attention to where you put your hands. ◆ Wear gloves when washing knives and other sharp objects. ◆ Don't clean equipment that is still connected to the power supply. ◆ Don't operate equipment that you are not authorized to operate.
<p>Burns</p>	<ul style="list-style-type: none"> ◆ Pay attention to where you put your hands and other body parts.
<p>Chemical Hazards</p>	<ul style="list-style-type: none"> ◆ Know the hazards of the chemicals you use and the procedures for using them properly. ◆ Don't mix chemicals or use different chemicals together unless instructed to by your supervisor. ◆ Wear the personal protective equipment that is designated for that chemical.
<p>Bloodborne Diseases</p>	<ul style="list-style-type: none"> ◆ Don't touch someone else's blood or needles. ◆ Only people who are trained in bloodborne pathogens and proper procedures can clean up blood. ◆ Wear liquid-resistant gloves if you have to clean up bloody messes.
<p>Violent Crimes</p>	<ul style="list-style-type: none"> ◆ Don't work alone or isolated from others.
<p>Back Injuries</p>	<ul style="list-style-type: none"> ◆ Get help when lifting heavy, awkward, or bulky things. Use the buddy system. ◆ Don't bend over or twist when lifting.